

Welcome to
Edenmore Nursing Home's
Edition 3 2025 Newsletter

EXCELLENCE * PEOPLE-DRIVEN * INTEGRITY * COMPASSION



newsletter
EDITION 3 2025

EDITION 3



Hello from Gayle Cooper

Hello, and more exciting news to share with you all!

What a fab few months we have had with parties, singers, arts & crafts, chair zumba, and the biggest highlight being our Hawaiian BBQ, which we shared with members of the community.

This month we also entered the Soap Box Derby, organised by the Round Table fundraising group here in our wonderful town of Ilfracombe. Many thanks to our wonderful Communications Team for their support, sponsorship, organising the large banner, updating our Facebook page, and printing t-shirts!

Some of our amazing events have been published in the local press, so please ask for a copy if you would like one.

Please see the pictures inside of our wonderful days, and I hope you enjoy reading this edition!

Gayle

This quarter's features:

- Hello from our Care Home Manager, Gayle Cooper
- Our Moments Shared
- Recent Events
- Feedback
- Special Birthdays and Anniversaries
- Upcoming Events and Activities – Date for your Diary

Thank you for allowing us to share these special photos

When people outside our community see photos of you or your family member enjoying activities like flower arranging, gardening, days out, painting ... it can gently attract others who share those same interests to feel this could be the right home for them or their loved one.

Most importantly, this helps bring like-minded people together, so you or your loved one can share hobbies and interests, build friendships and feel a true sense of belonging.

Thank you - your support makes a real difference.



Recent Events:

Hawaiian BBQ

What a fab day this was, seeing our family members and team dressed up in their Hawaiian clothing, with surfboards and bunting setting the scene, along with DJ Ricky belting out his old Beach Boys tunes on a clear, sunny day. The winner of the limbo had to be Thiran, Care Assistant!

Feedback from family members on this day...

- Peter – “What a fabulous day, I enjoyed dancing to the song *Take Me Home, Country Road.*”
- Tony H – “I loved it all.”
- Julie – “I loved my fancy dress and the burgers.”
- Lindsey – “The afternoon was just perfect, with lovely weather, a great singer, great food and I even had a dance or two.”
- Richard – “It was so beautiful to see all the dancers (team) enjoying themselves.”
- Diana – “This is amazing, I love it,” she said as she twirled around strumming her inflatable guitar!



Soap Box Derby

The cart was made by my husband, grandson, and Jesu — the driver and captain from our Maintenance Team. Jesu was supported by team members at Edenmore — Teresa, Sarah, and Rajesh — who all wore t-shirts bearing our Edenmore logo. We were the first to go down the hill and managed to complete the course, even with a flip of the cart (luckily, no one was injured!). All photos of this event can be seen on our Facebook page: <https://www.facebook.com/EdenmoreNH/>



Updates:

Home Improvements

- Completion of the new modern bathroom in Torrs House.
- New flooring has been fitted in Lundy House.
- A new fire door has been installed between Reception and Lundy House.
- New vanity units have been added in several bedrooms.

Congratulations to our Team Members...

- Aashish, Leema, and Nidhi – who have completed and passed their OSCE and are now trained nurses.
- Catherine Knight – on passing her Level 5 in Health and Social Care. Graduation will take place in November.
- Amanda – on the birth of a beautiful baby girl weighing 8lbs.
- Mikey – on the birth of a beautiful baby girl.
- Stacey – whose baby is due this month!
- Kumar and his wife – whose baby is due in December.
- Nikita – on your forthcoming wedding to Jamie.
- Arun – on your forthcoming wedding in India.

Sad News

Sadly, we have lost three of our beloved family members during the past few weeks. May they rest in peace. We send lots of love and strength to their families at this very sad time.

Feedback

"I have been impressed by the hard work, commitment and caring attitude of all staff I have met..."

"Just wanted to do a huge big shout out to ALL the staff at Edenmore Nursing Home. My Mum was a family member there for over a year, and the care, laughter and dedication shown by staff made what could have been a fraught and sad time, an extremely positive one. We consider ourselves, and my mum very lucky. Thank you..."

"Big shout to Edenmore Nursing Home who have been looking after him so wonderfully..."

"To all at Edenmore, we just wanted to send a little note to 'Thank you' for taking such good care of our Grandma. Whenever we visited she was always treated with kindness and compassion. These packets of seeds are to be planted in her memory, hopefully putting smiles on long faces when they have grown! Thanks again, you all do an amazing job!"

Team Member Special Birthdays

Congratulations to Jitendra, one of our night team members who celebrated his 30th birthday on 16/06/2025!

Congratulations to Tracey Saville who celebrated her 60th birthday on 23/07/2025!

Team Member Special Anniversaries

Rosemary Insley celebrated her 30th anniversary of working at Edenmore on 25th June 2025!

When we asked Rose about her long serving commitment, and what makes her remain at Edenmore, Rose commented (with a smile on her face) *"I see the family members as my extended family, I love each and every one of them."*



Upcoming Events & Activities *Date for your Diaries*

September

We are looking to host another BIG BREAKFAST again this year, the one we did last year was a huge success with members of the community joining us, and we raised a large sum of money along the way for Cancer research.



Our next biggest challenge is during the month of September when we enter a 20 mile sponsored walk in aid of the Alzheimer's society. Some of our family members will be joining in with this event. We will be monitored and record our mileage around our beautiful sea view town of Ilfracombe, we will be walking around the town wearing t shirts bearing our Edenmore logo. If anyone would like to join us in completing this challenge please see Sarah or myself.

3rd Sept – Art Creative Workshop with Creative Mojo @11am

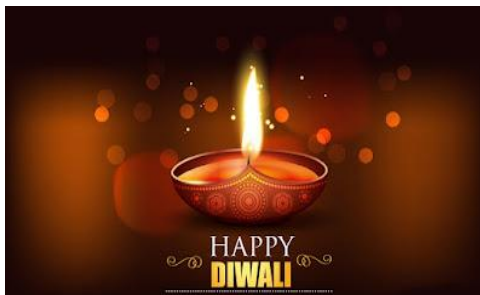
4th Sept – Chair Zumba with Roberto @ 2.30pm

12th Sept – Story time with Sarah @3pm

19th Sept – Music with DJ Jude @ 3pm

October

Halloween party, pumpkin carving, and best fancy dress. We will also be celebrating Diwali in this month.



- 2nd Oct** – Chair Zumba with Roberto @ 2.30pm
- 11th Oct** – Music with DJ Jude @3pm
- 16th Oct** – Coffee morning in Combe Lounge @ 11am
- 20th Oct** – Lighting of the Lights @ 5pm
- 29th Oct** -Art workshop with Creative Mojo @ 11am

November

Guy Fawkes Night in the garden with Hot dogs, jacket spuds, burgers and some light fireworks.



Remembrance day will involve making and colouring poppies to honour armed forces members who have passed away in the line of duty.



- 14th Nov** – Music with DJ Jude @3pm
- 26th Nov** – Art Workshop with Creative Mojo @11am

Preparations for our Christmas fete to include stalls, tombola, cake sales, craft stall, biscuit decorating, tea/ coffee.