

Welcome to
Edenmore Nursing Home's
Edition 6 2026 Newsletter

EXCELLENCE * PEOPLE-DRIVEN * INTEGRITY * COMPASSION



newsletter

EDITION 6 2026

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Welcome!

As we move further into the year, I would like to take a moment to thank you for your continued support and trust in our team. It is a privilege to care for your loved ones, and we remain committed to providing a warm, safe, and engaging environment for all our family members.

Over the past few weeks and months, we have enjoyed a variety of activities, from social gatherings to creative sessions, and it has been wonderful to see so many smiles and shared moments. We are also looking forward to upcoming seasonal events, which we hope will bring even more joy and connection.

We understand how important it is for you to stay connected, and we always welcome your involvement - whether through visits, calls, or feedback. Please do not hesitate to reach out to us with any questions or suggestions.

Thank you once again for being such an important part of our community.

I hope you enjoy reading our newsletter.

*Gayle Cooper,
Home Manager*



Spring Smiles at Our Home

It's been a lively and joyful time in our home, with plenty of activities bringing smiles all around.

Family members had great fun during our Easter bonnet making, getting creative with colourful decorations and proudly showing off their designs. This was followed by the excitement of our Grand National Race Day Raffle, where there was lots of anticipation, laughter, and a few lucky winners!

Our Ukulele Pluckers afternoon brought music and sing-alongs to the home, creating a warm and uplifting atmosphere for everyone to enjoy. There was plenty of toe-tapping and dancing all around.

We also hosted a lovely vintage afternoon tea, where family members relaxed with delicious treats, good conversation, and a touch of nostalgia.

We enjoyed celebrating VE Day with a themed lunch and music from the era. A special highlight was a visit from pupils of our local junior school, bringing joy and connection across generations. It was a truly heartwarming.

Please enjoy browsing through more of the photographs taken from our activities and events on page 6.





Exciting Refurbishment Update

We are pleased to share that refurbishments in our home are ongoing, helping to create a brighter and more modern environment for everyone to enjoy.

A highlight so far is our new large communal dining area, designed to bring family members together in a comfortable and welcoming space. With the addition of a large television, it's a lovely place not only for meals, but also for relaxing and socialising.

These changes are already giving the home a more modern feel, and we are delighted to see family members enjoying the new spaces as the work continues.

A special thank you to Doug, Steve, Jesu, the Estates Team and everyone else involved in this project!

Our New Kitchen and Lounge Areas...

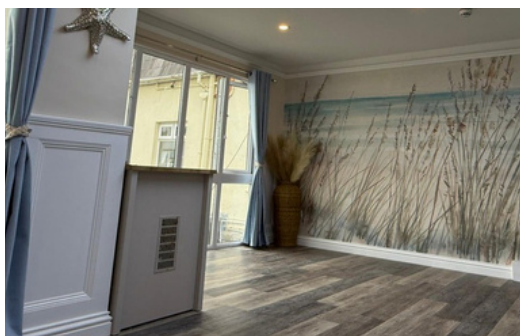
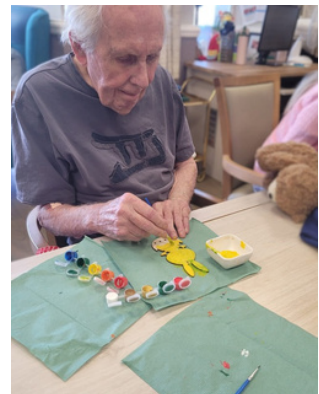


Photo Gallery



An Introduction from Neil Whalen, Our New Group Catering Lead

"Here's a little about me and the work we've been doing"

I've been a chef for over 30 years, starting out as a commis chef and working my way through the ranks to Development Chef and Support Catering Manager. My career has taken me through some of the biggest names in contract catering — Baxter Storey, Compass, Sodexo, and Aramark, before finding my true passion in care catering, which I moved into in 2013 with Barchester in Bristol.

That move changed everything for me. Care is where food really matters on a personal level. You're not just feeding people, you're supporting their health, their dignity, and their happiness every single day.

When it came to developing the new menus at Evolve Care Group, I focused on four things above everything else: seasonality, nutritional balance, familiarity, and clinical need. I wanted menus that felt like proper home cooking, food our family members recognise and love, while also working hard nutritionally, supporting those who may be at risk of malnutrition, recovering from illness, or living with conditions like dementia.

Contrast and variety were equally important. Colour on a plate, a mix of textures, familiar favourites alongside the occasional something new, these details genuinely make a difference to whether someone eats well or not.

My vision going forward is simple: that every family member across our homes sits down to a meal that nourishes them, comforts them, and that they genuinely look forward to. Food should never be an afterthought in care - it is care.

To view our complete Summer menu, please visit our [website](#).



Birthdays and Celebrations

We have enjoyed celebrating some very special birthdays in the home. Family members were able to enjoy cake, music and time with friends and the team to mark their special day.

We would like to wish a very happy birthday to all of our family members who celebrated their special day with us over the last few months!

April

2nd April - Victoria

3rd April - Peter

29th April - Ann

May

29th May - Cherry

29th May - Catherine

29th May - John

June

4th June - Elizabeth

24th June - Kenneth

25th June - Robert

Every Life Has a Story: Jillian's Reflections

Every person who lives with us has a lifetime of memories, experiences and relationships that have shaped who they are today. Taking the time to understand someone's life story helps us provide care that feels personal and familiar, because the little details of a person's past often remain the things that matter most. We recently spent time reflecting with Jillian on her remarkable life journey, from growing up on a farm in Wales to raising her own family and the comforts that continue to bring her peace today. Read her full story [here](#)

Upcoming Events and Activities

July

- 7th July - Chocolate Cookie Making
- 14th July - Flower Arranging
- 16th July - Ice Cream at the Harbourside
- 19th July - World Cup Final Celebrations!
- 28th July - Afternoon Tea at the Garden Centre
- 31st July - Summer Party!

August

- 7th August - Chair Zumba
- 17th August - Afternoon Tea for Breast Cancer Now
- 19th August - Taking Photos for World Photography Day
- 21st August - Making Photo Albums
- 26th August - Visit from Bumble & Dexter for Dog Day!

September

- 2nd September - Visit to the RNL
- 4th September - Chair Zumba
- 11th September - Visit to the Zoo
- 16th September - Memory Lane Afternoon
- 18th September - DJ Jude

Come and join in with your loved one!

FEEDBACK



“Our dad was placed here post hospital and is now a full time resident. During this time we have learned about the overall care at Edenmore. I can honestly say we see him happy, settled and very well cared for. The staff are attentive with him and all residents and answer our questions. The food and tasty treats (mostly homemade it seems) are always good. Thank you to the team.”

“Thank you so much for looking after my wonderful friend and for all the care you show her. She looks so happy”

“Love what you do there Edenmore team. Lots of happy smiles in there”

“Very enjoyable reading and thank you for sharing this with me. Please pass on my thanks to all your staff teams for organising such a lovely event that brings the generations together.” Best wishes, Councillor Sara Wilson. Devon County Councillor for Ilfracombe.

Thank you for reading, we hope to see you very soon!