

Welcome to
Edenmore Nursing Home's
Edition 7 2026 Newsletter

EXCELLENCE * PEOPLE-DRIVEN * INTEGRITY * COMPASSION



newsletter

EDITION 7 2026

EDITION 7

Welcome!

We have had a wonderful summer at Edenmore, with our Summer Party being a particular highlight. It was lovely to see everyone enjoying themselves together, making memories and spending time with each other.

Our refurbishment work is also progressing well. We appreciate everyone's patience and understanding while the work is taking place. Although there have been some changes to our usual routines and surroundings, we are really looking forward to the finished result and the lovely, improved spaces this will create for our family members to enjoy.

As we look ahead to the next few months, we are excited to have lots more activities, outings and events planned. We look forward to creating many more happy memories together and making the coming months just as enjoyable.

Thank you for being part of the Edenmore family. We truly value your support, feedback and suggestions, and look forward to sharing many more special moments with you all.

I hope you enjoy reading our newsletter.

Gayle Cooper,
Home Manager

Contents

2. Welcome from Gayle
3. Summer at Edenmore
4. Photo Gallery
5. Welcome to Our New Head Chef & Refurb Update
6. Birthday Celebrations & Colin's Story
7. The WIK Game
8. Feedback
9. Upcoming Events & Activities



Summer at Edenmore

What a wonderful summer we have had here at Edenmore! It has been a season filled with laughter, friendship, fun and, most importantly, spending quality time together as the Edenmore family.

Our Aloha Summer Party was a fantastic day and such a special occasion for everyone. We enjoyed a delicious BBQ, outdoor games, music and entertainment, along with a fun photo booth! It was wonderful to see our family members, relatives and staff joining in, laughing together and creating memories that we will treasure.

We have also enjoyed trips to Ilfracombe Harbour, an afternoon out at our local garden centre, relaxing moments in the garden, and lots of creative arts and crafts. Each activity has given us another opportunity to enjoy time together, try something different and make those everyday moments special.

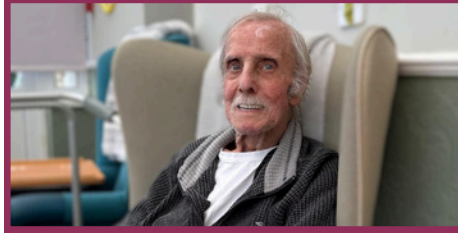
A huge thank you to our wonderful Edenmore team and families for helping to make these experiences so enjoyable. It is the people who make Edenmore what it is, and we are incredibly proud of the warm, caring and happy community we have created together.

We are already looking forward to the months ahead, with plenty more activities, outings, celebrations and special moments planned. We can't wait to continue making wonderful memories together as one big Edenmore family.

Please enjoy browsing through more of the photographs taken from our activities and events on page 4.



Photo Gallery



Welcome to Our New Head Chef, Mike

We are delighted to welcome Mike as our new Head Chef at Edenmore. Mike brings with him many years of experience, a genuine passion for cooking, and a wonderful enthusiasm for creating meals that our family members can really enjoy. Since joining us, he has already been busy in the kitchen, creating a fantastic variety of fresh, tasty and nutritious dishes.

At Edenmore, we know how important mealtimes are - they are not just about the food, but also about comfort, enjoyment and bringing people together. Mike takes great care to ensure that the meals he prepares meet everyone's individual nutritional needs, dietary requirements and preferences, while still being full of flavour.

We are so pleased to have Mike as part of the Edenmore family and look forward to sharing more delicious meals together!

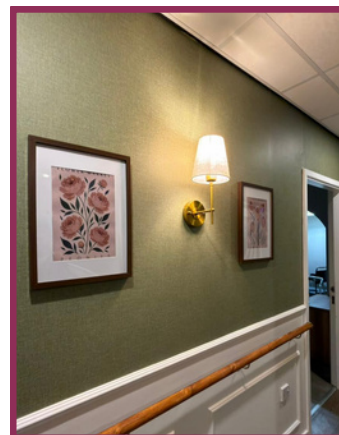


Refurb Update

Our refurbishment programme is continuing to make progress at Edenmore, and we are delighted to see the changes taking shape. Our newly decorated hallway is looking fresh and welcoming, and we have also been busy giving some of our bedrooms a lovely new look, as well as creating a new family room for visiting loved ones.

We have now also started work on Coombe Lounge, which is progressing well and should be completed shortly. We are really looking forward to seeing the finished lounge and creating another beautiful space for our family members to relax, socialise and enjoy together.

A big thank you to everyone for your patience and understanding while the refurbishment work continues!



Birthdays and Celebrations

We have enjoyed celebrating some very special birthdays in the home. Family members were able to enjoy cake, music and time with friends and the team to mark their special day.

We would like to wish a very happy birthday to all of our family members who celebrated their special day with us over the last few months!

July

10th July - Colin

26th July - Adrian

Aug

25th August - Richard

29th August - Anthony

30th August - Eileen

Sept

04th September - Harry

Every Life Has a Story: Colin's Reflections

Every person who lives with us has a lifetime of memories, experiences and relationships that have shaped who they are today. Taking the time to understand someone's life story helps us provide care that feels personal and familiar, because the little details of a person's past often remain the things that matter most. We recently spent time reflecting with Colin on his remarkable life journey, from humble beginnings to high flyer! Read his full story [here](#)

The WIK Game: Test Your Knowledge

Think you know care inside and out? Prove it!

Learning doesn't have to feel like learning, and that idea began during a family game night when Shrien and Eve saw how much fun everyone was having while playing a trivia card game. It sparked a thought - why not create something just as enjoyable for social care?

From that spark of inspiration, Evolve's WIK board game was born. WIK (world of inescapable knowledge) covers six areas for those working in care. It's a great way to continue testing your knowledge while enjoying a little friendly competition!

We have all played the WIK game during our training days at the Evolve Care Academy, with some of you walking away with cash prizes of up to £100! Now available on Moodle so you can regularly test your knowledge and beat your last score!

The leaderboard is where it gets competitive. Shrien and Eve created the game, but they are no longer top the leaderboard, let's keep it that way! Bravo to Emma Taylor, who is currently Edenmore's highest scorer as we go to print. Well done, Emma!



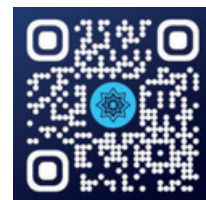
Blue Light Discount £

Did you know that working in social care means you're eligible for a Blue Light Card? For £4.99, the card gives you two years' access to thousands of discounts across more than 13,000 retailers, including Jet2Holidays, Nike, Apple, Schuh and Hotels.com.

Whether you're planning a holiday, treating yourself to something new, heading out for a meal or simply doing the weekly shop, download the app and see what's up for grabs! Members can also access ticket ballots and launches for gigs, festivals, sporting events and attractions.



Register now at www.bluelightcard.co.uk or scan the QR code.





FEEDBACK



"Today I lost my mum. She had been in Edenmore since her journey with dementia began in 2019. But today the staff at Edenmore lost part of the family that she had become part of. I will never be able to repay the love, care, friendship and support that mum and we as her extended family have received over the years. Thank you all for the love you gave her"

"Very enjoyable reading and thank you for sharing this with me. Please pass on my thanks to all your staff teams for organising such a lovely event that brings the generations together." Best wishes, Councillor Sara Wilson. Devon County Councillor for Ilfracombe.

"Awww great pics. You all have such fun!"

"My Nana looks so happy"

"I really appreciate you sharing our Dad's life story. Even though dementia has brought difficult changes, it's lovely to see his past recognised and celebrated. It reminds me and my brothers of the full, rich life he's lived and the person he still is at heart. Thank you for taking the time to do this. Lisa Hartwell"

"Our dad was placed here post-hospital and is now a full-time resident. During this time we have learned about the overall care at Edenmore. I can honestly say we see him happy, settled and very well cared for. The staff are attentive with him and all residents and answer our questions. The food and tasty treats (mostly homemade, it seems) are always good. Thank you to the team."

Upcoming Events and Activities

October

- Thursday 1st - Afternoon Tea/Coffee
- Wednesday 7th - Indoor Games
- Friday 9th - Sensory & Relaxation Sessions
- Monday 12th - Flower Arranging
- Wednesday 14th - Coffee Morning - Relatives Invited
- Friday 16th - Exeter Zoo Visit - 12pm
- Tuesday 20th - Harvest Festival - Country Theme
- Friday 23rd - DJ Jude
- Wednesday 28th - Creative Mojo
- Friday 30th - Halloween Party

November

- Thursday 5th - A small firework display enjoyed from the warm conservatory
- Tuesday 10th - A science experiment for World Science Day
- Wednesday 11th - Arts & Crafts using Remembrance Day as our inspiration
- Wednesday 25th - Creative Mojo
- Friday 27th - DJ Jude

December

- Wednesday 2nd - Indoor Games
- Friday 11th - Christmas Themed Cupcake Decorating
- Monday 14th - Making Christmas Decorations
- Thursday 17th - Making Christmas Wreaths
- Friday 18th - DJ Jude
- Tuesday 22nd - Edenmore Christmas Market
- Wednesday 23rd - Creative Mojo
- Friday 25th - Christmas Day Lunch - Relatives Invited
- Thursday 31st - New Year's Eve Party!

Thank you for reading and we hope to see you soon!